

Riverwood Homeowners Association

Newsletter

NOVEMBER, 2025

Board & Committee News

Board of Directors: VOLUNTEERS ARE NEEDED!! **Riverwood is seeking a new Treasurer.** If you would like to learn more about this position, please contact someone on the Board. You can also check your Roster for other Volunteer positions that are open. If you are interested in volunteering, contact the Committee Chair. They would LOVE to hear from you!!

Landscape Committee: We in Landscape appreciate homeowners who take an active role in keeping Riverwood as pretty as can be. That said, **the HOA has specific rules for our public green spaces** and they are listed in the CC&R and Bylaws. **There can NOT be any plant, bush or tree removed without prior approval from the landscape committee. This will result in a fine and the cost to restore the disturbed area.** Common areas include everything but your patios. Please reach out to us before making any changes!! Thank you.

Pool Committee: Safety Alert: On 12/1,0 the two people pictured below were confronted having broken into the Pool bathrooms/saunas. There are indications that this is not the first time they have trespassed into the pool area, having left behind personal items. A police report has been filed and their pictures posted at the Pool and Community Room. Thanks to Chavellie Rodriguez for the pictures. Keep your eyes open and report if you see them on Riverwood property!



Recreation Committee: The December Social theme is: **CHRISTMAS FEAST LEFTOVERS!** The Potluck & Social will be held on Sunday December 28th, at 2 PM in the Riverwood Recreation room. Come for great leftovers, laughter and a few games. Please bring a leftover, side dish or dessert to share, along with your plate or bowl, utensils and beverage of choice. We look forward to sharing a festive holiday meal and catching up on all the news.

Are you a crafter? A maker? Do you crochet, knit, or do needlepoint? Maybe you are into stamping, or painting, or linoleum block printing. Do you have a small loom for weaving or tapestry? Maybe you would just like to visit or learn something new. You are invited to a **“Crafternoon” on Saturday, December 27 from 11a - 1p** at the Rec Room. No need to RSVP - just bring your project, skills, your sense of humor and your imagination, and snacks if you feel so moved!



Riverwood **Game Night will be Monday, January 5th at 5pm** in the Community Room! Feel free to bring your favorite game from home or find a new favorite with your neighbors! Hot cocoa and coffee will be available. Bringing a snack is encouraged, but not required. Any questions, please call or text Elise Morgan at (808)497-8565.

Welcome Committee: **Riverwood Rosters:** Attached to this newsletter are the Riverwood Rosters. Please review your information for accuracy. For any corrections, please notify rwh.welcome@gmail.com. A limited number of paper copies are available by notifying the Welcome Committee at the same email address or sending a text to Lisa at 503-293-6861.

Our next scheduled, open board meeting is January 8th at 6:30 pm.

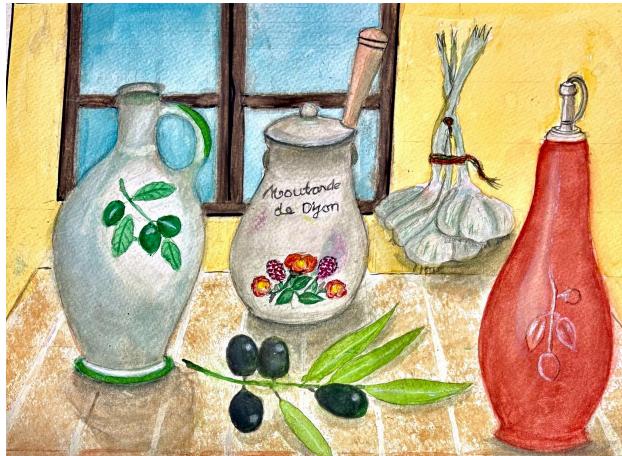
From the Residents

Send your feedback, ideas, recipes, pet photos, notices, etc. to rwh.news@gmail.com.

From Bob Christman: This was one of my first watercolors painted years ago. (right)

From Karen E: A big thank you to whomever cleaned up the messes on the 125th sidewalk in front of DW's 30 and 40. We all know this junk most likely wasn't added to the landscape by anyone inside Riverwood, and it takes a special person to do something about it.

From Lisa D: On 12/14/2025 a Riverwood resident's car in driveway 20 was stolen when it was parked in front of their garage. A police report has been filed. Please consider securing your vehicle(s) in your garage at all times.



Recycling Tip - Clamshells: Let's keep our recycling hauler happy. Plastic clamshells belong in our garbage can - not the recycle bin. [Editor's Note: or you can subscribe to Ridwell to recycle clamshells at ridwell.com or contact [Oregonmetro.gov](https://oregonmetro.gov), 503-797-1700 for other options!]



From Carol H: Great Sign and Lots of Laughs!! Installed in the night by an unknown Bigfoot Admirer!! To whoever surprised Ed with this sign, he loves it!!! Hardy's believe in Big Foot and have lots of laughs when finding this sign on their gate!!! Thank you to our Riverwood Friend, whoever you are & hopefully you had as much fun with this as Ed & I have..

WE WILL ALWAYS BE SAFE NOW!!

From Jann G: How to Cut Microplastics From Your Laundry

Routine: You can't catch 'em all, but these 5 techniques still help. (by Maddy Lauria, SpeedBumps-the one5c newsletter, Aug. 8, 2024) [Editor's Note: edited for space]

Unless you've embraced a life of nudity, you've got loads of dirty laundry to deal with. But spin-cycling and tumble-drying our clothes sheds more than ketchup stains, perfumed lotions, and sock sweat. One load of laundry can emit hundreds of thousands—by some estimates even up to 10 million—teeny, tiny microfibers. The more poorly made, plastic-based textiles we throw into the mix, the worse this specific microplastics problem becomes.

The consequences are particularly bad in the world's oceans, where wildlife mistake the particles for food, which can cause a host of problems including damage to digestive and reproductive systems, gills, and immune responses. Those toxic effects are also related to the more than 16,000 potentially hazardous chemical additives in plastic products, including those used to dye clothing or make it stain-resistant or wrinkle-free.

Experts we talked to say a key to stopping the flow of pollution is to trap the microfibers before they even reach wastewater treatment plants. Oregon Sen. Jeff Merkley has [introduced a federal bill](#) to require the addition of filters on washers. Similar legislation was proposed, but failed, in California, though [France](#) and [Australia](#) have put such measures in place. Since it takes years or longer for regulations or international efforts to solidify, this is one environmental exigency where individual actions may currently be the best answer:

Here are five ways to minimize the amount of microplastics that escape during your clothes-washing routine:

- 1. Opt for natural fibers:** The microfibers that shed from our clothing—particularly those made of polyester—are among the most pervasive microplastics in the ocean. Researchers say that laundering our duds is a primary culprit: Between 1950 and 2016, a cumulative 6.17 million tons of microfibers leaked from laundry around the globe, one 2020 paper estimates. That's why experts recommend

natural fibers like cotton over synthetics—and paying attention to the quality of the garments you buy. Cotton will still shed fibers, says Judith Weis, a marine biology professor at Rutgers University who also studies environmental impacts of microplastic pollution, but they typically don't linger in the environment the way their plastic-based counterparts do. If you're shopping—either secondhand or regular retail—also remember that the tighter the weave of the threads in a garment, the less they shed. Polyester fleece, a very loosely woven material, for example, is one of the worst microplastic offenders on the market.

2. **Add a filter:** If we're talking about clothes you already own, the No. 1 thing anyone can do is use a microplastics filter. These barriers, such as the LUV-R and Filtrol, typically attach to the outgoing plumbing connection and run \$150–\$200. "It's probably the easiest thing to do to make a big difference," says Susanne Brander, an ecotoxicologist and Oregon State University associate professor. For people who don't own their washing machines, other microfiber-filtering gadgets like the Cora Ball (a pine-cone-like silicone orb you toss in the wash) and Guppyfriend (a fiber-trapping bag) can help. At \$30–\$40, they're more affordable than in-line filters, but they're not quite as effective. That same 2020 study found that the Cora Ball captured up to 31% of the microfibers in a given wash load, and the Guppyfriend snagged up to 54%.



3. **Wash full, cold loads:** Washing in cold water can also reduce the number of microfibers a load of laundry expels. Hot water can encourage shedding, Brander says, since higher temperatures tend to degrade certain types of plastics. This small shift in laundry habits can also cut down on your electricity usage (and therefore potential for planet-warming emissions), since around 90% of the power a washer gobbls up goes toward heating the water.

- a. The water-to-fabric ratio in a load also plays a role in the volume of microfibers washing off our duds. Cycles with high volumes of water, like the delicate setting, release more particles than larger loads run in normal cycles.
4. **Air-dry:** We've said it before, and we'll say it again: Air drying your clothes is among the easiest planet-saving moves around. It's massively energy-efficient, and it also reduces the amount of potentially harmful microfibers your laundry routine spews out. According to an analysis published in 2022, mechanically drying a load can emit as many, and sometimes even more, microfibers into the air than those sent down the drain during washing. One recent report indicates that drying can release more than 500,000 microfibers to the air every 15 minutes.
5. **Skip detergent sheets and pods:** Detergent pods and dissolvable sheets might eliminate single-use plastic jugs, but there's a catch: They may also create microplastic waste. That's because many of them are actually bound together with a type of plastic called PVA. (Same goes for dishwasher pods, by the by.) "What I'd recommend is to use something that's not further contributing to the problems with plastics and chemicals," Brander says.
 - a. Results are mixed about whether the amount of detergent—and what kind—really matters for reducing microfibers, in part because there's a lack of scientific standards researchers can use to compare studies. Brander says to keep it simple. Read the ingredients and avoid anything with phthalates or a long list of other chemicals. This will probably mean choosing a powder that comes in a box instead of a big jug of perfumy liquid soap.

[Maddy Lauria is a freelance environmental journalist who grew up in the Mid-Atlantic. She now lives in Delaware with her husband, young daughter, and far too many pets.]



Advertisements

From Joyce C: Free work bench 60" wide, 25" deep and 31" tall. Very sturdy. (right)

From Jann G: "Found" Waldo at Pittock Mansion this week! (left)



Resources

Oregon Department of Human Services: Food Resources in Oregon: Visit the Oregon Food Bank website or call 211 to find food pantries, pick up sites and delivery options.

https://www.oregon.gov/odhs/food/pages/default.aspx?utm_medium=email&utm_source=govdelivery

The [Aging and Disability Resource Connection of Oregon](#) (855-673-2372) can help you find local meal programs and food boxes in your area.

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/WIC/FDNP/Pages/Senior-Farm-Direct-Participants.aspx>

Senior Farm Direct Participants: People aged 62 or older who meet income requirements can get **vouchers to buy fresh, local produce** at some farmers markets and stands.

Community Contacts:

Police: 911 or [Police](#)

Non-emergency: 503-823-3333

Park Rangers: 503-823-1637 or [General](#)

Parks: 503-823-7529

PDX Stolen Cars [Facebook Group](#)

PBOT Abandoned Auto: 503-823-7309 or [Report Abandoned Autos Online](#)

Speeding: 503-823-7233

Graffiti: 503-823-4000 or 311 (say you wish to request graffiti cleanup) or [Report Graffiti Online](#)

Houseless: 311 (say you wish to file a houseless report) or [Report Campsite Online](#)

Rid-Patrol: Illegal Campsite-related garbage: 503-234-3000 or [Report Dumped Garbage Online](#)

Portland Street Response is available city wide. They can be reached by dialing 911 or [Online](#)

PDXReporter: Smart phone app or [online](#) to reach all the above (except the police):

Air Quality: 888-997-7888

Excessive Noise: 10pm to 7am: contact the Noise Officer at 503-823-7350

Argay Terrace Neighborhood Association News:

District 1 Political Representation: If something in Argay Terrace or Portland needs attention, you *do* have representation. District 1 Councilors' Offices:

- Councilor Avalos & Councilor Dunphy: Offices at 305 NE 102nd (opening date TBA)
- Councilor Smith: Office at 10540 NE Halsey inside the Nick Fish building: In office on Fridays; Hosts Coffee with a Cop every third Friday

Check each councilor's social media (*Instagram accounts linked above under each Councilor's name*) or contact their staff to share concerns or ideas.

New Park Program - Food Trucks in Parks: Portland Parks has opened a new permit system allowing food trucks and trailers at neighborhood parks. At Luuwit View Park, permits are just \$5 per day. Mobile food operators can [find details here](#). We hope to see more local flavors popping up near the playground and dog park this Spring!

Bunnies, the unofficial Argay Terrace mascot; eluding coyotes since the dawn of time. (right)



Toy Drives in the Area: Several local spots are collecting toys for families in need.

- Les Schwab (NE 122nd): Accepting new, unwrapped toys for the KPTV Toy Drive through Dec. 16
- Portland Fire Station (122nd): Accepting toys for Toy & Joy Makers

Free Holiday Parking Downtown: Smart Park garages will offer free parking

December 12th-13th, and 20th-21st. A good opportunity to enjoy downtown lights, shopping, or the Saturday Market without having to feed the meter.

New Businesses In and Around the Neighborhood:

- Sabor Catracho 2 – Honduran food, now at Sandy Plaza (NE 141st)
- Jawfish Restaurant – Now open on Airport Way in the former Shiloh Inn
- Mt. Scott Blooms by Maru – Floral shop in the former Hank's Boots (Sandy & 88th)

Shop and Dine Local This Holiday Season: Need a last-minute gift? Skip the shipping delays and support a neighbor. Many Argay Terrace and Parkrose restaurants, food carts, salons, and small shops offer gift certificates. Local dollars stay local.

Local Events:

December (all month): Grotto Festival of Lights. <https://thegrotto.org/christmas/>

December 16 to 21 – Christmas Ships on the Columbia – viewable from Salty's and Sextant Bar. Bring a warm jacket. The chill off the water is real! **Christmas Ships on the Willamette** - You can find all the Christmas Ships info here: <https://www.christmasships.org>

December 21 – Sunday – 10am: Winter Solstice Walk along the Columbia River – Vancouver, WA. Sign up: <https://www.cityofvancouver.us/events/winter-solstice-walk/>

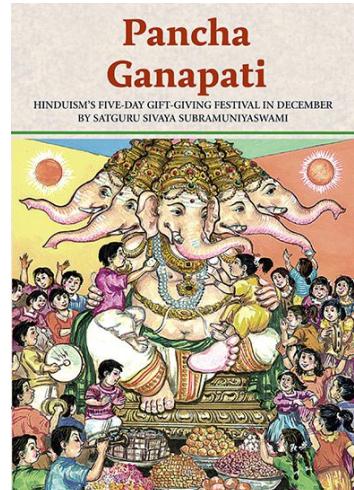
Our next scheduled, open board meeting is January 8th at 6:30 pm.

The RHA Newsletter wishes everyone a happy holiday, whatever you may celebrate:

Happy Hanukkah, Merry Christmas, Happy Kwanzaa, Joyous Winter Solstice, Happy Bodhi Day and Pancha Ganapati and Eid!!

In 2025, **Pancha Ganapati** will be celebrated from Sunday, December 21st, to Thursday, December 25th, a modern Hindu festival mirroring the Christmas season, focused on family, harmony, and gift-giving, with each day having a specific color and theme, starting with love and ending with opening gifts on Ganesha's day. Key Dates & Colors in 2025:

- Dec 21 (Sun): Yellow - Love & harmony in the family.
- Dec 22 (Mon): Blue - Love & harmony with friends/neighbors.
- Dec 23 (Tue): Red - Honoring colleagues/employees.
- Dec 24 (Wed): Green - Joy through arts (music, dance).
- Dec 25 (Thu): Orange - Opening gifts & Ganesha's presence.



REMEMBER: Newsletter articles, ads, etc. are due by Noon on the Tuesday following the Board Meeting!!! rwh.news@gmail.com. Next newsletter: January 13, 2026!

A gigantic “Thank You!” to those who contributed to this month’s newsletter:

Bob Christman, Carol Hardy, Lisa Dashiell, Karen Hansen-Laird, Elise Morgan, Kris Clarke, Lynn Young, Argay View (ATNA newsletter), SpeedBump (the one5c Newsletter)